The Visionary Plan
For Helping Earth Make Progress
Dedication

This Visionary Plan is dedicated to my family; may we continually grow together and inspire each other to do our personal best for the Greater Good of All.
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Acknowledgment

Much love and appreciation is important to be given to a wonderful being, who has amazingly focused his mind and feelings in allowing a tremendously helpful tool called a “Visionary Plan.” Marc Allen, in his book, “The Millionaire Course,” along with his alliance of angels have offered great guidance on the subject of living life deliberately yet in an easy and relaxed manner and in a healthy and positive way. His book is a true inspiration for the formatting of this “Visionary Plan” for my vision to create the best organization I can create, called Helping Earth Make Progress.
Preface

Thank you for attracting this book into your experience. Do you agree that you attracted this book to you because you aligned yourself with the vibration akin to the vibration behind the energy within the content of this book, whether consciously or subconsciously?

If you see the reality behind the depth of this question you would also agree that “like attracts like.” And in knowing that truth, we can approach the idea that the process of focusing thoughts and feelings upon a “subject” brings experiences, people and thoughts of a similar vibration to the self.

Rooted in the understanding of the infinite Law of Attraction, which says, “that which is like, unto itself is drawn,” we all have the ability to be, do or have anything we want, since we have the ability to think and feel about it.

We are infinite, vibrational beings that have access to an infinite Source and Supply of every thing we could absolutely ever want - Right?

Right or wrong is not the point, but simply that these words are True for you if they resonate with your Inner Guidance, and you feel nurtured or relieved by them.

There are two kinds of truth. One is ineffable, and the other is truth that you make for yourself. In other words, if you focus upon something long enough and with powerful enough feeling and you begin to see manifestations in your life experience as a result of your focusing, then that certain situation is true for you. Therefore if you had been focusing your thoughts about the same subject and offering conscious thoughts of peacefulness and joy about that subject, (or even just thoughts that were a little bit softer than the ones before, whether it be family, work, health, or anything, then that exact differing perspective will become your truth and your reality. “As above so below.”

So this book has been written for the purpose of a joyful expression and a tool used in the direction of the beautiful unfoldment of The H.E.M.P. organization for the betterment of the WHOLE of Life.

May it inspire you to focus upon what you are wanting in your life and invoke Spiritual Growth in a peaceful and relaxed way.

~GOD BLESS~
PART I

FOUNDATIONAL UNDERSTANDING
Experience Inner Joy, Peace and Relaxation daily. Find thoughts and feelings that are more relaxing and relieving in the moment, and ask for guidance from the Father of Creation.
Ideal Scene

I wake up to the sound of natural water, birds singing and children playing outside in the grass. I lie in bed snuggled up in soft hemp linens thinking of joyful things I am grateful for, asking for greater understanding and knowledge from the Father. A gorgeous Goddess rubs her legs against mine as we silently express our deep appreciation and love for God within each other.

Fundamental Practice

I calmly slide out of bed into a peaceful meditation in the community garden outside the door. My practice is a sign of my commitment to the continual unification of my Body/Mind/Spirit.

Faith is feeling. After washing my healthy and relaxed body-temple in the fresh water source, I pray to GOD for what I am wanting in complete faith (feeling) I will be provided for in all areas of my life.

We live in a beautifully supported community where there are open fields of flourishing trees and plants. We are artists, explorers, philosophers of life, musicians, angels, alchemists and children who are elated to be alive and supported by our community. We freely give of our EX.T.R.A.¹ to the Greater Good of the Community because it feels good to express our True Beingness.

¹ An acronym for Expertise, Talents Resources and Abilities
Hemp Community
The homes we live in are made in harmony with Mother Nature, using only sustainable energy and earth materials such as hemp, glass, water, sand, mud and fun stuff like that. The walls and doors are embedded with geometric and cosmic consciousness, aligned with Source Energy.

Every person in the community are friends; we all look out for each other and make decisions that are the highest choice for the Greater Good of the Whole - through being conscious of our own inner guidance, and following it.

My family life is sweet and full of growth. We all challenge each other to grow spiritually and intellectually, in a consciousness of empowerment and gracefulness.

I am a kind, gentle and intelligent person always looking out to see how I can best serve the Higher Purpose of Life, by following the call of Source. I am really funny, smart and a great person to be around. I love to listen to people and their dream and visions for their life.

I am physically mentally and spiritually beautiful. My body is in perfect shape with strong muscles and acrobatic ability - continually allowing more light to become my being. I can run with ease and grace as fast or slow as I choose with agility and powerful chi flowing through my trillions of cells. We are all light beings.

Spiritual Understanding
I am very intuitive, always asking for guidance and communicating my Higher Self clearly and openly. I listen to that voice with joy and complete conviction and belief.
Helping Earth Make Progress
My family, The H.E.M.P. and all its members are financially free, providing the highest quality hemp products as we possibly can, knowing GOD is our Source and Supply for every single thing in our lives. I play and work in a really fun, healthy and organic office space with plenty of natural lighting and plants all around. All my clothing is tailored to perfection with my body, and it’s made from the highest quality sustainable hemp and other organic fibers. I have all the equipment I want to do the projects I love to do with joy and peacefulness. I can buy anything I want, and I love to give give give!

Life is Great
Life is great and only getting better every single moment, as I have embodied the teachings of the great wizards, saints, scholars, apostles, teachers, activists and philosophers of GOD world and the Universe – especially the Abraham-Hicks teachings and Charles Filmore’s teachings of the Omnipresent God-Mind.

-Amen - Sat Nam – One Love
**Calling or Vocation**

**Vocation:**
From since I can remember I have had a calling toward music and artistic expression. My personality loves to create new things and also working in a relaxed manner on projects that require energy/time. My heart loves to harmonize on the subject of hemp and how vital its presence is on Mother Earth. My passion propels me toward healthy thoughts and radiant insights on how to live a healthy whole lifestyle which I embody with ease and grace.

Since my Higher Self is clearly in existence, for I have the awareness of it, I now declare that my vocation is to fulfill the Mission, Purpose and Vision of The H.E.M.P. I am called to serve the community through joyful and empowering HempAware Parties and musical harmonious happenstances along my joyfully committed path.

**Definition of God:**
A wonderful word to define at this point is the word “God.” According to John Ayto author of Dictionary of Word Origins, “god” comes from an Indo-European *ghut-. This may be related to Sanskrit *havate and Old Church Slavonic *zovetu, both meaning ‘call,’ and if so the underlying etymological meaning god would be ‘that which is invoked’.” Pg. 258

**A Personal Affirmation**

My fundamental practice of meditation and yoga accordingly propels my spiritual, mental and physical growth, and Understanding of the Universe and its Laws.

The living out of the affirmation above is the root of my personal practice in life. What my practice looks like is, waking simply by the movement of Spirit, which may be the sound of a bird chirping or the call of a friend; that’s always nice. Then become consciousness of my calm deep breathing. I inwardly give thanks to the spiritual Mother/Father/God that has so gracefully purged me
into existence on Earth. I mean purged in the most elegant way you can imagine.

After my Kundalini Yoga practice I meditate for at least fifteen minutes, with my focus on the omnipresent abundance that saturates every molecule, ever atom and particle and drop of juice in this Universe. And some day’s it’s just a whole new meditation of cleansing and purification through newness in what ever way it shows up.

“If you ever want anything, it’s an inside job.”
- Rev. David Phears
PART II

ONE PAGE PLANS
Goals and Affirmations
Goals as Affirmations

1. “In an easy and relaxed manner in a healthy and positive way for the Highest Good of all, my body-temple is radiantly vibrant and dynamically healthy.”

2. “In an easy and relaxed manner in a healthy and positive way, for the Highest Good of all, The H.E.M.P. is now receiving $10,000.00 a month in expected and unexpected income.”

3. “In an easy and relaxed manner in a healthy and positive way, for the Highest Good of all, I am joyfully implementing The H.E.M.P. Plan.”

4. “In an easy and relaxed manner in a healthy and positive way, for the Highest Good of all, a pure organic garden is growing in a healthy and organic environment at the Eco-Cottage.”
Body Temple Plan

Mission:
My broadest highest reason for fulfilling this plan is to express my True Self in its highest form manifest in my body-temple. I ex-hemp-lify an extension of The Most High, with a radiant vibrant dynamic body. I continually elevate and aspire in achieving the healthiest possible place in consciousness each moment; I am joyfully becoming a Master of offering a vibration of peace, love, prosperity and wholeness.

Body Temple Plan

Goals:

1. Be in the state of allowing healthy ingestions, digestion, assimilation and elimination with ease a grace.
2. "I think myself, in an easy and relaxed way, into being a healthy, strong vibrant human-spirit being."
3. Be able to easily move around in many directions and postures on my hands.
4. Build and maintain Core Strength.
5. Joyfully increasing my ability to move with precision and grace through studying masters of Yoga and Mind.
Body Temple Plan

Strategies:

1. Continue a daily practice of yoga and meditation.
2. Choose the highest form of foods that I possibly can in each moment that will contribute the elevation of my vibration.
3. Go to Yoga Classes and Pilates.
4. Whenever remembered repeat the mantra for this goal: “In an easy and relaxed manner in a healthy and positive way for the Highest Good of all, my body-temple is radiantly vibrant and dynamically healthy.”
$10,000 A Month Plan

Mission:
My broadest highest reason for doing this goal is to express my highest joy and circulate my financial abundance with ease and grace, especially when it comes to hemp products through The H.E.M.P.

$10,000 a Month Plan

Goals:

1. Continually focus on being available to The H.E.M.P.’s customers and make sure their needs and wants are fulfilled to the best of our ability.
2. Continue working with Hemp Traders, creatively coming up with ways to enjoy my time while at the office and allowing sales to pour in through my energies.
3. Continue organizing and following through with the HempAware Parties.
$10,000 a Month Plan

Strategies:

1. Always ask for help from the Universe.
2. Continue daily meditation and prayer.
3. Repeat this healthy mantra: “In an east and relaxed manner, in a healthy and positive way, for the Highest Good of All, The H.E.M.P. now receiving $10,000 per month, in expected and unexpected income.
4. Read Dennis Morgan’s Book, “Marketing a Small Business or Product Successfully.”
5. Continue with the teachings of Mark Allen

True Prosperity is not measured by physical things, but by my level of happiness and joy.
Mission:
My broadest highest reason for fulfilling this goal is to fully embody my True Self and fulfill the destiny my Higher Self sees for me. My intention in writing this plan is to operate at a precise level of clarity on the goals, philosophy, numbers, relationships and vision for and of The H.E.M.P.

Fulfill The H.E.M.P. Plan

Goals:
1. Have a fun warehouse/office to work out of in Costa Mesa or Newport Beach.
2. Receive $10,000 in expected and unexpected income per month in an easy and relaxed manner for the Greater Good of All.
3. Attach an introductory video to the plan – contact Phil and others who might want to help with this.
4. Finish writing The H.E.M.P. Pays For Peace Book
Fulfill The H.E.M.P. Plan

**Strategies:**

2. Continue daily meditation and prayer.
3. Repeat healthy mantras around The H.E.M.P. Plan
4. Read Dennis Morgan’s Marketing Book
5. Continue with the teachings of Mark Allen in “The Millionaire Course.”

My core belief is that Spirit is the Source of all my health, wealth, energy and love. I exude this in my choices, thoughts, feelings and actions as I allow heaven to express through me.
Organic Garden Plan

Mission:
My broadest highest reason for doing this goal is to be in a divine connection with Mother Earth as a Spiritual being in this human form. Living with an organic radiant, healthy garden contributes to the holistic lifestyle so necessary for my Vision of living in harmony with all life. This is of great joy.

Goals:

1. Tend a healthy organic herb garden, with cilantro, basil, parsley and some other delicious herbs.
2. Grow kale, cucumbers, tomatoes and other healthy greens.
3. Create this garden in a place that is supported by love and higher consciousness.
4. Feed people 😊

Strategies:

1. Always ask for help from the Universe.
2. Continue daily meditation and prayer
3. Repeat healthy mantras around organic healthy planting and tending skills
4. Read books on gardening.
5. Ask for help from friends and family to join in on the celebration of life.

My core belief is that Spirit is the source of all my health, wealth, energy and love. I exude this in my choices, thoughts, feelings and action as I allow heaven to express through me.
PART III

ATTRIBUTIONS
Hemp Companies